



Grading information for: 3 KUP

Red belt – Signifies Danger cautioning the student the student to exercise control and the warning the opponent to stay away.

Pattern:

(37 Movements)

TOI GYE

is the penname of the noted scholar. Yi Hwang (16 century AD), an authority on neo-confucianism. The 37 movement of the pattern refer to his birthplace on the 37 degree latitude, the diagram represents the scholar

STANCES

Closed Stance 'B'

MOA SOGI 'B'

'L' Stance

NIUNJA SOGI

Walking Stance

GUNNAN SOGI

Sitting Stance

ANNUN SOGI

'X' Stance

KYOCHA SOGI

BLOCKS

High Forearm Block

NOPUNDE AN PALMOK MAKGI

High Hooking Block

NOPUNDE GOLCHO MAKGI

Twin Knife hand Block

SANG SONKAL MAKGI

High Outer Forearm Block

NOPUNDE BAKAT PALMOK MAKGI

Double Forearm Block

DOO PALMOK MAKGI

ATTACKS

Middle Fore fist Punch

KAUNDE AP JOOMAK JIRUGI

Low Front Snap Kick

NAJUNDE AP CHA BUSIGI

Middle Side Piercing Kick

KAUNDE YOP CHA BUSIGI

Front Elbow Strike

AP PALKUP TAERIGI

Middle Straight Fingertip Thrust

KAUNDE SUN SONKUT TULGI

High Side Backlist Strike

NOPUNDE DUNG JOOMAK YOP TAERIGI

OTHER THERORY

TWO STEP SPARRING

IBO MATSOKI

FREE SPARRING

JAYOO MATSOKI

BLOCKS

Waist Block

X Fist Pressing Block

Upward Palm Block

HORI MAKGI

KYOGI JOMUK NOOLLO MAKGI

SONBADAK OLLYO MAKGI

ATTACKS

Palm Strike

Reverse Knife hand Strike

Arc hand Strike

Side Fist Strike

Knife hand Strike

Back fist Strike

SONBADAK TAERIGI

SONKAL DUNG TAERIGI

BANDALSON TAERIGI

YOP JOMUK TAERIGI

SONKAL TAERIGI

DUNG JOMUK TAERIGI

KICKS

Axe Kick

Reverse Side Kick

Reverse Turning Kick

NAERYO CHAGI

BANDEA YOP CHAGI

BANDEA DOLLYO CHAGI